

Immerse yourself in the Chakra Spa Lifestyle where you will enter a welcoming and tranquil space to thoroughly relax, rejuvenate and heal you. In our haven each service, amenity and detail at Chakra Spa is created specifically for you our valued and sacred guest.

At Chakra Spa you may rest comfortably in the caring hands of our internationally trained and experienced therapists, who use nothing but highly effective and quality products for all our exciting and therapeutic services.

All of our unique treatments can be tailored to couples. Have a mother/daughter day, birthday, girlfriends getaway or wedding package at Chakra Spa that will be unforgettable. We at Chakra Spa love to bring people together whether it's a corporate group, family or friends. Be sure to also experience the 'Chakra Journey' in our relaxing, comfortable atmosphere with our Chakra Sparty offers, for groups of three or more. Allow us to share this occasion with you and make it memorable.

While you are our guest, allow your personal Spa Concierge to take care of your every need. If there is anything we can do to make your visit a magnificent and memorable one, please feel free to share this with us and we will do what we can to make it happen. This is our promise to you.



ALL PRICES ARE QUOTED IN BARBADOS DOLLARS

#### Reservations:

Advanced reservations are recommended to ensure your preferred treatment or time is available. Same-day reservations and walk-in appointments are always welcomed and will be scheduled based on availability.

#### Cancellations:

If you must reschedule or cancel your treatment, please notify the spa at least four hours before your scheduled appointment to avoid being charged the full service fee.

#### Arrival:

We ask that you arrive 15 minutes prior to your scheduled appointment time to check in, change and relax before your treatment. Should you arrive late, your treatment will be limited to the remaining time available which will lessen its effectiveness and your pleasure. Your treatment will end on time so the next guest is not delayed. The full value of your treatment will be charged. In Room Services: Select services are available in the comfort of your suite at an additional cost of \$50.

#### Mobile Phones:

For the comfort and relaxation of all guests, we kindly ask that you leave your mobile phone in your room or turned off in your locker.

#### Gift Certificates:

Spa Gift Certificates are available in specific dollar amounts or for particular services. They cannot be used for spa retail purchases.

#### Age Policy:

The spa is available to guests 12 years and older. Guests ages 12-17 years must be accompanied by an adult for services.

#### Gratuities & Government Tax:

Gratuities are not included in our prices and are left to your discretion.

A government tax of 17.5% is included in our prices.



#### GENERAL SPA INFORMATION

##### Hours of Operation:

**Tuesday - Sunday : 9:15 AM - 6:00PM**

**Monday : 9:15AM - 6:00PM (seasonal)**

**Email: [bookings@chakraspabarbados.com](mailto:bookings@chakraspabarbados.com)**

**Telephone: 435-8690**





# MASSAGE JOURNEYS

## Gift from Sweden - 30 mins \$130, 60 mins \$220, 90 mins \$320

A therapeutic, flowing massage, using the traditional series of stroke techniques. Encourages deep relaxation and focuses on the individual muscles, to relax and rejuvenate the entire body. You have the power to customize this massage to specifically meet your needs within 30 minutes for dedicated treatment to any area or extend to 1 hour for full relaxation.

## Aromatherapy Massage - 30 mins \$140, 60 mins \$240, 90 mins \$340

Let your senses take you on a journey through tranquillity, serenity, relaxation or invigoration, with pre-blended aromatic essential oils used during your massage.

## Detox Massage - 30 mins \$140, 60 mins \$240, 90 mins \$340

Using our blend of oils, allow our therapist to use specific maneuvers to promote flow and alleviate built up toxins in the body.

## Heated Stone Therapy - 30 mins \$150, 60 mins \$260, 90 mins \$360

Heated volcanic basalt stones and chilled marble are perfectly synergized into this massage to achieve an even deeper level of release and relaxation. Any area or extend to 1 hour for full relaxation.

## Deep Tissue Massage - 30 mins \$160, 60 mins \$285, 90mins \$400

Our deep tissue massage, releases chronic patterns of tension in the body through slow strokes and deep finger pressure on concentrated areas. A good choice for the physically active.

## Mother to Be - 30 mins \$180, 60 mins \$255

Allow the ache in your back, the swelling in your feet or your persistent weariness to gently melt away in the arms of our caring therapists, as they restore balance and calmness to your body.

## Couple's Chakra Bliss - 45 mins \$360

Relax and unwind together with our Couples Massage. You and your partner will enjoy gentle, soothing strokes designed to ease tension, improve circulation, and promote deep relaxation. Perfect for couples or friends looking to share a peaceful, rejuvenating experience.

## Indian Head Massage - 50 mins \$180

Ease the pressure of days past with our Indian Head massage, designed to relieve stress, headaches and improve circulation.

## Water Oasis - \$55

Relax and rejuvenate in our Water Oasis, featuring heated pools, cool pools, a sauna, and a steam room. This therapeutic experience helps soothe muscles, improve circulation, and promote deep relaxation, leaving you feeling refreshed and revitalized.

## Ear Candling - 30 mins \$70

Relieve sinus congestion and tinnitus with our ear candling service. *Not recommended for ongoing infections, or 36 hours before flight or diving.*

# BATH RITUALS

Indulge in our luxurious Bath Ritual, a soothing experience designed to cleanse and rejuvenate. Immerse yourself in warm, aromatic waters infused with healing botanicals and essential oils, promoting relaxation, skin vitality, and overall well-being. This ritual helps to calm the mind, soothe tired muscles, and leave you feeling refreshed and balanced.

## Relax & Rejuvenate Bath Ritual - 45 mins \$135

## Detox Bath Ritual - 45 mins \$145

## Muscle Ease Bath Ritual - 45 mins \$155

## Couples Retreat Bath Ritual - 45 mins \$250 (per couple)

## Postpartum Bath Ritual - 45 mins \$150

# BODY RITUALS

## Chakra Glow Body Scrub

45 mins \$150 / 25 mins \$70 (added to a massage/wrap)

## Chakra Body Mask

60 mins \$165 / 40 mins \$125 (added to a massage)

## Signature Crop Body Ritual

60 mins \$200

## Stone Crop Revitalizing Body Scrub & Restorative Wrap & Massage

90 mins \$270

# NAIL BEAUTY

## Manicures

- Paraffin Manicure – 60 min \$110
- Classic Manicure – 45 mins \$75
- Gel Manicure – 60 mins \$95
- Express Manicure – 25 mins \$50

## ADD-ONS

- French Polish add on - \$30
- Lacquer Polish change - \$40

## NAIL ENHANCEMENTS

- Gel Overlay with gel polish – 75 mins \$150
- Gel Refill with gel polish – 75 mins \$120
- Nail Enhancement removal – 45 mins \$40
- Gel Polish Change - \$70
- Gel Polish add on - \$40
- Gel Polish Removal - \$30

## PEDICURES

- Paraffin Pedicure - 60 mins \$135
- Classic Pedicure – 45 mins \$100
- Gel Pedicure – 60 mins \$130
- Express Pedicure – 30 mins \$70

## ADD-ONS

- Lacquer Polish Change - \$40
- Toe Sculpting - \$40
- Nail art (2 nails) - \$15

# COLLECTIONS & RITUALS

All packages include Water Oasis

## COUPLES RETREAT (price per couple)

Couples Bliss Massage 45 mins & Paraffin Pedicure 60 mins - \$570

Jacuzzi Ritual, Heated Stone Massage 45 mins & Classic Pedicure - \$895

Chakra Glow Body Scrub 45 mins & Beyond Organic Facial 60 mins - \$650

## FOR MEN

Macho Man – Body Scrub 25 mins, Deep Tissue Massage 60 mins & Superfood Radiance Facial 30 mins - \$450

Chakra Synergy – Heated Stone Massage 30 mins, Paraffin Manicure & Pedicure - \$375

Interlude – Indian Head Massage 50 mins & Chakra Deep Cleansing Facial - \$370

## LADIES DAY OUT

Chakra Glow Scrub 30 min, Gift from Sweden 30 mins, Express Pedicure & 30 mins Express Manicure 30 mins - \$300 per person, (2 hours 15 mins)

Relax & Rejuvenate Bath Ritual 45 mins & Chakra Deep Cleansing Facial 60 mins - \$345, (2hours)

Aromatherapy 60 min, Paraffin Pedicure & Water Oasis 30 mins - \$350 per person, (2 hours)

## BIRTHDAY PACKAGES

Birthday Indulgence – Beyond Organic Facial 60 mins, Paraffin Pedicure 60 mins, Express Manicure 30 mins - \$370

Birthday Bliss – Muscle Ease Bath Ritual 30 mins, Chakra Body Mask 60 mins - \$300

My Birthday – Body Scrub 30 mins, Indian Head massage 45 mins, Superfood Radiance Facial 30 mins - \$350

# FACIALS

## Superfood Express Radiant Facial - 30 mins \$100

Revitalize your complexion with our Express facial, designed to brighten and hydrate your skin in 30 minutes. Perfect for the quick refresh leaving your skin looking luminous, smooth & rejuvenated.

## Beyond Organic Custom Facial - 60 mins \$190

Carefully tailored for Sensitive skin types, the Beyond Organic facial seeks to balance, hydrate, refine & nourish the skin for that glow.

## Chakra Deep Cleansing Facial - 60 mins \$210

Featuring the detoxifying power of Charcoal & complementary benefits of Blackseed this facial deeply cleanses and decongests pore to leave them visibly clarified and balanced.

## Teen Smart Facial Facial - 45 mins \$185

## Hair Removal

Half Leg	\$95	Chest	\$90
Full leg	\$155	Chin/Upper Lip	\$30
Underarm	\$55	Brozilian	\$160
Bikini Line	\$70	<b>Combos</b>	
Brazilian	\$115	Half Leg/Underarm/ Bikini	\$200
Butt only	\$40	Brazilian/Underarm	\$150
Eyebrow	\$20	Full Face (Brow, Chin, Upper Lip)	\$70
Back	\$110	Back/Chest	\$180

**Bright Vajacials – Combo** – Booked as a series including wax/sugar. Combine your wax/sugar with a vajacial. design to minimize ingrown hairs and discoloration.

3-week combo - \$450

4-week combo - \$600

Bright Vajacial Only - \$130

